Charity Football Match

On the 28th September Wessex Regional Care was the main sponsors in a charity event to help a little girl called Evelyn Rose Nolan. Evelyn is the granddaughter of Rodger Sherwood the chairman of Eastleigh Football Club. Evelyn suffers from a rare genetic disorder which has left her with virtually no movement on her right side and she suffers from intractable epilepsy. The event was held to raise money so her home can be adapted to give Evelyn a better quality of life. Ex Saints players Matt Le Tissier, Jason Dodd and Gordon Watson gave up their time to help out. They were joined by ex spurs player Darren Anderton. Eastleigh also had a star player are very own Mark Barrett.

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Those who attended from Wessex Regional Care were: Charlotte Hemphill, Bill Truman, Jason Chadney and his girlfriend Emma, Lee Cunningham, Donna Ayres, Wayne Fewell, Joy Shillaker, Karen Oliver, David Roberts, Andrew Avery, John Gilligham and Paul James.

We all had a chance to meet Matt Le Tissier before the match began and we had a group photo taken. Evelyn was also taken onto the pitch to meet the players from both teams.

The Game then kicked off and after 10 minutes of playing Mark Barrett came off the pitch (after that some of us lost interest in the game). However the men all appeared to be interested and were cheering each time Saints scored but none of them could remember the final score, so we decided Saints won 6-2.

Everyone said it had been a fun day made more enjoyable by the different services going to an event together.

Karen Oliver
On 26th July Mark, Sue and Stuart went to Netley Marsh Steam Show. Mark was very pleased as he was allowed to hug the fire hose. They all enjoyed listening to the Ringwood Pipe Band.

On 16th August we visited the ‘African Summer’ event at The Marland Centre. We watched African Dance performances, met African animals (we had an opportunity to stroke a tarantula but we all decided not to) and talk about African culture.

On the 31st August Mark and Stuart went on a boat trip on the M/V Alison MacGregor. The boat is run by the charity, ‘Solent Dolphin’ for the purpose of taking people with disabilities on day trips out to sea. They really seemed to have enjoyed the trip. For more info please visit the Solent Dolphin website. www.solentdolphin.co.uk
Day trip to Buckingham Palace

Mark left home with Carol at 8.30 to go to Netley train station where the coach was picking up to take us to London.

On arrival in London at 12.00 we walked up Parliament Square where we saw the Houses of Parliament and Big Ben.

We walked towards Whitehall stopping outside Downing Street.

We walked through Horse Guards Parade towards St James’s Park. Mark relaxed in a deckchair eating his picnic and watching people enjoying their day.

We walked down The Mall to Buckingham Palace. We went inside the Palace following an audio guide providing information on each area we visited.

Unfortunately, we were not allowed to take photographs inside the Palace.
We exited the Palace into the gardens where we sat for a while to have a rest and take in the stunning view.

We returned to the coach where we drove to Portsmouth to visit Mother Kelly’s for a fish and chip supper.

We arrived back to Portsmouth Road at 22.00 happy but VERY tired.

Carol Kerin
Stuart arrived at Butlin’s, Bognor Regis on Monday 1st September with Linda-Marie.

Stuart booked into the Ocean’s Hotel and walked around the complex.

Stuart interacted with others in the community in a positive, friendly manner and got pleasure from speaking to people.

Stuart enjoyed the bumper cars at the fun fair the most. He visited the fair everyday to ride on them.

Stuart was joined by David on Wednesday for the second part of his holiday and Linda-Marie returned home for a rest.

Stuart made the most of the facilities and activities that Butlin’s have to offer.

Stuart went to see a couple of shows. He sang along with the Skyline Gang at the music show.

Stuart ate REALLY well at meal times and often returned to the counter for seconds.

Stuart enjoyed long walks along the beach and watching the fishermen on the pier.

Stuart and David said ‘Goodbye’ to Butlins after breakfast on Friday 5th September to make the return journey home.

Carol Kerin
Singing in the rain at Mayflower’ 04/10/14

Margaret Stephens was very excited as she had front row seats for the performance. Margaret and Emma Willis had a great time singing along and getting very wet. She talked about the show to everyone for days.

‘Sea City Museum’ 20/08/14

These are the three TA Applicants for Ashwood House. Our Country needs us!!! John Stunell and Margaret Stephens enjoyed a trip to the museum as part of celebrating John Stunell’s birthday. They both thoroughly enjoyed the interactive activities and learned lots of new things.

‘Marwell Zoo Trip’ 04/09/14

John Stunell and Margaret Stephens had a nice day out at Marwell Zoo and saw lots of animals up close. Margaret has gained lots of inspiration for her artwork and John has found a new interest in wildlife.

‘Bournemouth Trip’ 01/10/14

John achieved his PCP goal of a trip to Bournemouth. He enjoyed travelling on the train. He did a lot of shopping and picked up as many leaflets as possible during the process. He had a lovely lunch and returned on the train to Southampton.

Shirley Brennan
On 14th July Lee turned 37. He chose to have a BBQ to celebrate his birthday, he invited his parents, friends from Wendorian, Robin Kinsey, Mark, Charlotte, Bill, Dave and Eva also attended as well as Lee’s old house mate MM.

Everyone seemed to have a great time, lots of laughs and giggles, and copious amounts of lovely food consumed.

Lee had a great time celebrating with his friends and family, for days afterwards he said it was the best birthday ever, and is already thinking of ways we can top it next year.

JB has now joined a new church “Life Church” Southampton. On Friday 10th October John attended a quiz night where he met Martha from The Great British Bake Off.

John is enjoying being part of the congregation and thoroughly enjoyed meeting Martha.

Donna Ayres
Robins planned trip to Monkey World on 22nd July was a resounding success. Robin appeared to really enjoy the event and was fortunate to have his photograph taken with Dr. Alison Cronin MBE, Director and co-founder of Monkey World.

Robin continues to attend the QE” Activity Centre and during the summer months has enjoyed sailing up the Hamble River. After much encouragement Robin agreed to wear the life jacket, and can be seen pictured taking the helm.

Robin celebrated his 48th birthday in September, Robin, family and staff enjoyed the occasion with food plentiful in Robin’s home.

Sandra Brown
“The Queen of Bartley”

Joan celebrated her 60th Birthday in July this year, staff supported Joan to decorate the bungalow and prepare the party food.

The party went with a bang, family, friends and staff across the services joined in the festivities for Joans’ milestone birthday.

Joan continues to reflect on the success of the occasion and would like to thank everybody for their support on the day.

_Sandra Brown_

What I did for the Race for Life

I arrived at Southampton Common at 10 ‘o’clock in the morning. I wore a number on my back. There were thousands of people there.

The race was for breast cancer. At the end of the race I was given a medal. I really enjoyed the day.

_By Liz Gore_
Upcoming Events for 2014

Mayflower Park Fireworks
Saturday 8 November
Venue: Town Quay Road, Southampton
Time: Coles Fun Fair from 3pm / the Fireworks display is at 7.45pm / Event closes at 10pm
Tickets: Adults £6 / Children £4 / Under 5’s free

The Victorian Festival of Christmas
Portsmouth Historical Dockyard
Friday 28th November to Sunday 30th November 2014
http://www.christmasfestival.co.uk

Fort Nelson WW1 Remembrance Weekend
Saturday 8th & Sunday 9th November
Fort open 10.30am—4pm
http://www.royal armouries.org/visit-us/fort-nelson/

The Southampton Christmas Market
Bavarian style cabins located in the Above Bar area in the heart of the city centre.
Friday 21 November - Sunday 28 December
NVQ & Study News

Congratulations to:
David Dobbins for completing his Health and Social Care Diploma level 2

New Starters
Jade Dickson Support Worker Burseldon Road
Michelle D'Antona Support Worker Ashwood
Nicole Tabb Support Worker Wendorian

WRCL Becomes Centre for Food Safety Training
This month I became a qualified Food Safety instructor and as such I shall be taking on the role of delivering this training for the company. The training will still be accredited at level 2 and be valid for 3 years. Certificates will be provided by Qualsafe, the same company who we are linked with for First Aid. As with First Aid there is a resource book for this training and I have enough for each service to have a copy. If I haven't given you yours yet please collect one from me the next time you are at Head Office.

Russell

Thank you to those who took the time to write an article for this edition. This is a great opportunity to share your success & experience with your colleagues in other areas of the service and shed some light on what you do, and promote your own particular service.

If you think you want to share some news then please get in contact with me.

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